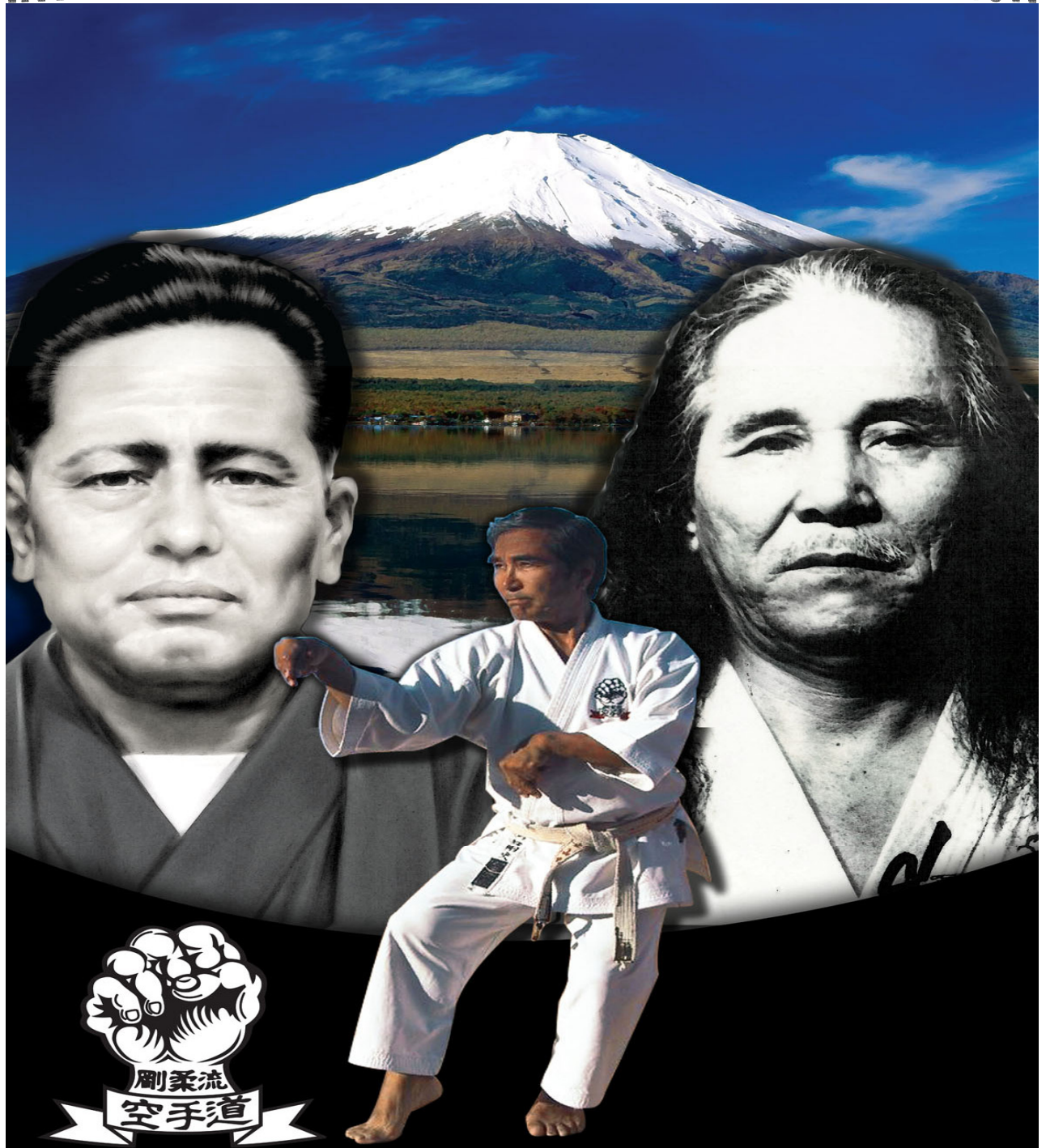


INTERNATIONAL KARATE-DO GOJU-KAI ASSOCIATION



GOJU-KAI KARATE
EUROPEAN CHAMPIONSHIP & SEMINAR
HUNGARY, TATA • 01-07. JULY, 2011.

26th IKGA EUROPEAN GASHUKU

Dear Shihans, Senseis



It's a great honour for Goju-Kai Karate Do Hungary to welcome you and your students to the 7th Goju-Kai Karate European Championship and the 26th seminar between 1st and 7th of July 2011. We are all very happy to see you all in particular our masters Saiko Shihan Goshi Yamagauchi and Hanshi Ingo De Jong here in Hungary. We have been preparing this event for a while and we hope you will enjoy your stay in Hungary. We also hope you will return home enriched with new experiences and plenty of new friendship.

The seminar will take place in the beautiful city of Tata – the town of lakes, situated approx. 60 kilometers from Budapest. The venue is going to be the Olympic Centre where the best Hungarian sportsmen are preparing for Olympic Games, World Championships and other big sports events.



North-West Hungarian Universal Olympic Centre

The institution is in the green area of Tata in the middle of a 220 year old park by the Lake Cseke. Two hotel buildings with 116 double bed rooms and 5 apartments offer comfortable accommodation for the guests. (The rooms are equipped with shower, television, fridge, telephone) In the Olympic Centre there is an opportunity for conferences, sport-days, company programs. For the programs different sport fields, coliseums and an air-conditioned conference hall with a volumetric capacity of 200 people, equipped with modern media system is at service. For smaller groups we can offer three chambers for 20-25 people and two chambers for 40-45 people. There is also a restaurant to serve meals three times a day. (The restaurant is ready to serve 300 guests at a time, in one hall for 150 people and two halls for 75 people)



- 116 double bed rooms
- 5 apartments
- Own restaurant
- Conference room
- Chambers



SPORT FACILITIES

Gymnasia

Gymnasium (42m x 22m): Equipped with the most up-to-date gymnastic appliances it is suitable for trainings or contest as well.

Arena (41.5m x 22m): it is used mainly by the representatives of combat sports (judo, karate, wrestling), it is suitable for pentathlon or fencing trainings, too.

Ball-game coliseum (48m x 24m): this is the arena of ball-sports (handball, basketball, volleyball, table tennis)

Swimming pool

The 25m x 8m covered swimming pool with sauna, jacuzzi, tangentor is open for all guests.

Football pitch, Athletic field

On the territory of the Fitness Camp there are two lawn football pitches, one of them is surrounded by a 400m tartan running field with 8 zones in the home straight, 6 zones around it. Next to the field there is space for pole-vaulting, broad jumping and other athletic events.

Tennis courts

Open-air, covered, cindre-track and plastic courts can be found.

Bowling alley

The bowling alley with four lines and a bar is also congenial for fun and for competitions.

The city centre is about 10 minutes walk from the camp.. There is a castle, a manor house, museums and a lot of other sights to see. If you want to relax, you can walk around the lake or sit in one of the many restaurants, enjoy the surroundings and sunset.

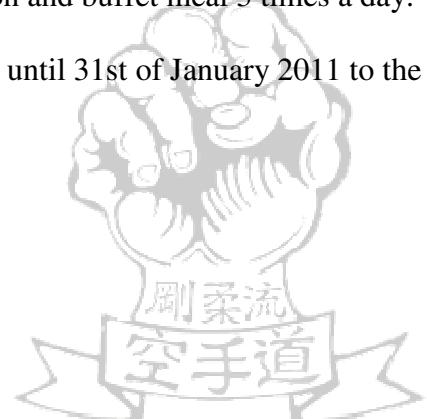
The price of the seminar for participants:

345 Euro/person incl. accommodation, buffet meal 3 times a day and seminar fee.

This price does not include entry fee for the European Championships and the 10 Euro IKGA fee. (10 Euro IKGA fee should be collected by chief instructor and paid on the spot. Please do not transfer!)

245 Euro/person for accompanying persons incl. accommodation and buffet meal 3 times a day.

100 Euro down payments (not refundable) should be transferred until 31st of January 2011 to the following Bank account:



Magyar Goju-Kai Szövetség

1085 Budapest
Kőfaragó utca 12.

Bank name and address:

Budapest Bank
Andrássy út 12.
1061 Budapest
Hungary

IBAN / Account number: HU53-10102086-05713400-01003303

Swift: BUDAHUHB

The rest of the payment should be transferred until 31st of May 2011 to the same bank account.

The preliminary program of the event.

Friday 1st of July

Arrival and checking in.

From 4. 00 until 7. 00 registration and weigh in for European Championship at the Olympic Complex (OC) Conference room

19.30 – 20.30 dinner

20.30 opening ceremony

Saturday 2nd of July

7.00 – 7.45 Breakfast OC

8 .00 departure of the buses to the Sports Hall in Tatabánya

9.00 marching in, opening ceremony and beginning of the European Championship. (We will start the competition with all kata, team kata and bunkai categories. As soon as we finish with kata we will start with kumite categories. The kata categories will start from veterans and adult category and the kumite categories from youngest children category up. There will be no special break for lunch. Lunch will be available between noon and 2 pm. Lunch will be served in the Sport Hotel restaurant approx. 50 meters from the Sport Hall).

Approx. 9 pm dinner at OC.

Sunday 3rd of July.



8.30 – 9.30 breakfast.

10.30 – 12.00 training all together sport hall 1.

12.30 – 13.30 lunch

16.00 – 17.30 training in four groups. Hall 1 groups A and B, hall 2 groups C and D.

17 30 – 18 30 training for Shihans

19.00 – 20.00 dinner

Monday 4th of July

8 .30 – 9.30 breakfast

10.30 – 12.00 training

12.30 – 13.30 lunch

16.00 – 17.30 training

17.30 – 18.30 training for Shihans

19.00 – 20.00 dinner

20.30 – 22.00 IKGA meeting for chief instructors

Tuesday 5th of July

8.30 – 9.30 breakfast

10.30 – 12.00 training

12.30 – 13.30 lunch

16.00 – 17.30 training

17.30 – 18.30 training for Shihans

19.00 – 20.00 dinner

Wednesday 6th of July



8.30 – 9.30 breakfast

10.30 – 12.00 training

12.30 – 13.30 lunch

16.00 – 17.30 training (16.00 – 18.00 Dan grading)

19.00 – 20.00 dinner

20.00 – 2.00 Sayonara Party OC Conference room

Thursday 7th of July

8.30 – 9.30 breakfast

10.00 – 11.30 training and demonstration

Departure

How to get to Tata?

ROUTE PLANNING

M1 highway from Budapest:

Leave the highway at the Tata hatchway (66.8km). Go straight in Május 1. Road and at the roundabout turn right in Ady Endre Road. Go straight ahead and turn left at the sign which shows the direction of Baj. After about 100 meters, leaving the entrance of the finance office you arrive at the main entrance.

M1 highway from Vienna - Győr:

Leave the highway at the Tata hatchway (66.8km) and turn back left on the overpass. Go straight in Május 1. Road and at the roundabout turn right in Ady Endre Road. Go straight and turn left at the sign which shows the direction of Baj. After about a 100 meters, leaving the entrance of the finance office you arrive at the main entrance.

By train from Budapest:

From Déli (South) pályaudvar (Railway station)





Direction Komárom or Győr every hour. Please buy ticket to station TATA-TÓVÁROSKERT.
Please check the actual railway time table on the www.elvira.hu homepage, Budapest – Tóvároskert..
After getting off the train walk down Baji Road about 3-400 meters. On your right there will be a long fence. This fence belongs to the Olympic Complex.

We hope to meet you all in Hungary.

Best regards:

Gerd Rebicek
Goju-kai Hungary

7th IKGA EUROPEAN CHAMPIONSHIPS

VENUE: VÁROSI SPORTCSARNOK(CITY SPORSTALL) TATABÁNYA
TATABÁNYA, SÁGVARI ENDRE STR. 9. (Hungary)

DATE: 02. 07. 2011.

TIME: 09 A.M.

COMPETITION CATEGORIES FOR BOYS AND GIRLS:

Boys and girls kata and kumite:

8-9 years old boys – 32 kg and + 32 kg.

8-9 years old girls – 30 kg and + 30 kg

10-11 years old boys – 34 kg, – 40 kg and + 40 kg

10-11 years old girls – 34 kg,– 40 kg and + 40 kg

12-13 years old boys – 45 kg,– 52 kg and + 52 kg

12-13 years old girls – 43 kg, – 50 kg and + 50 kg

Cadet (14-15 years) boys – 52 kg, – 57 kg, – 63 kg - 70 kg and +70

Cadet (14-15 years) girls – 47 kg, – 54 kg and + 54 kg

COMPETITION CATEGORIES FOR JUNIORS (16-17 YEARS), SENIORS (+18 YEARS) AND VETERANS (+40 YEARS):

Kata individual: male and female junior 16 - 17 years old.

Kata individual: male and female senior, 18 years and over.

Kata individual: male and female veterans, over 40 years.

Kata bunkai: male, female or mixed team.

Kata team: male and female 16 and over.

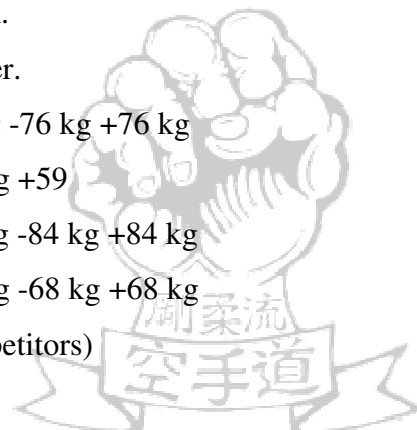
Kumite junior: male -55 kg -61 kg-68 kg -76 kg +76 kg

female -48 kg -53 kg -59 kg +59

Kumite senior: male -60 kg -67 kg -75 kg -84 kg +84 kg

female -50 kg -55 kg -61 kg -68 kg +68 kg

Kumite team: male and female (3+1 competitors)



The teams can be composed from both ages categories mentioned above (junior and senior category).

Please, consider the age of the competitors at the date of the championships!

REGISTRATION AND WEIGH IN: 1st of July 16 pm until 19 pm Olimpik Sport Center Tata.

ENTRY FEE: Individual categories 30 Euro, two categories 50 Euro.
Team kumite, team kata and kata bunkai 50 Euro.

RULES:

WKF system, kata bunkai IKGA rules.

Kumite: 1,5 minutes for age 8-13,

cadets, juniors & senior female 2 minutes,

senior male 3 minutes, matches for medals 4 minutes,

senior female matches for medals 3 minutes.

Kata: age 8-9, 10-11 – minimum **2 kata** required

age 12-13 - minimum **3 kata** required

cadets, juniors, seniors and veterans – each round a new **Goju-kai kata**

should be performed. Kata Kururunfa and Suparunpei is not allowed for 8-13 years age categories.

PROTECTION:

Gum shields, WKF type mitts red and blue, for women chest protector, WKF type shin pads and foot protection red and blue are compulsory. For cadets and children additionally WKF type face mask and body protector are optional.

PRIZES:

1-3 places: medals and certificates, the winner of each category will receive a cup.

DRAW:

2nd of July 2011.

PROTEST:

The protest has to be submitted in writing to the referee council of the tournament and 50 Euro protest fee has to be deposited. If the protest is accepted by the referee council, the fee will be refunded.

REFEREES:

Referees are going to be delegated by the Organizing Committee. Chief referee Mr. Tamás Molnár, WKF - EKF referee. Foreign qualified referees

(WKF, EKF or the highest national qualification is required!) are welcome!
Please, send your application of your referees in writing to the Organizing
Committee!

RESPONSIBILITY: The organization committee will not bear any responsibility for any kinds
of damages or losses.

ATTENTION: All competitors must have their own red and blue belts.

ADDRESS FOR APPLICATIONS:

MAGYAR GOJU-KAI KARATE DO SZÖVETSÉG
BUDAPEST
KŐFARAGÓ U. 12.
1085
HUNGARY

E-MAIL: rebicek.gerd@chello.hu

PHONE/FAX: *(36) 1 786 8708

MOBILE PHONE: *(36) 30-9624-891

We look forward to seeing you at the tournament.

Best regards,

Gerd Rebicek
President of the Organizing committee

